

CURRICULUM VITAE

Kevin Donald Nowicki

Born June 14, 1963
Pittsburgh, Pennsylvania

Office Address:

Sports Medicine Institute
2020 Oakley Seaver Drive
Clermont, Fl. 34711
(352) 242-0404

Undergraduate Education

Allegheny College BS 1985 *Major* - Biology *Minor* - Economics

Academic Honors:

1. Phi Beta Kappa
2. Lambda Sigma Honor Society
3. Alden Scholar
4. Beta Beta Beta Biological Honor Society
5. National Dean's List
6. Graduated Cum Laude

Extracurricular Activities:

1. Four year varsity lettermen mens swimming
2. Five-time Presidents Athletic Conference finalist
3. Two-time North Coast Athletic Conference finalist
4. Attorney General Student Government
5. Work Study - Lifeguard Supervisor

Medical Education

The University of Pittsburgh School of Medicine
Doctor of Medicine conferred May 22, 1989.

Honors - General Surgery Clerkship, Plastic Surgery Clerkship, General Surgery Acting Internship, Diagnostic Radiology Clerkship, Orthopaedic Surgery Acting Internship, Internal Medicine Acting Internship

Diplomate - National Board of Medical Examiners

Vocational Experience

Volunteer, Meadville City Hospital (1984-85)
Family Practice Externship at Allegheny Valley Hospital (1986)
Burn Trauma and Orthopaedic Surgery Externship at West Penn Hospital (1987)
Bone Harvest Team, Central Florida Tissue Bank (1992-1995)

Postgraduate Residency Training

General Surgery Internship and Residency at the Eastern Virginia Graduate
School of Medicine, Norfolk, Virginia
(July 1, 1989 to June 30, 1991)

Orthopaedic Surgery Residency at the Eastern Virginia Graduate
School of Medicine, Norfolk, Virginia
(July 1, 1991 to June 30, 1992)

Orthopaedic Surgery Residency at the Orlando Regional Healthcare System,
Orlando, Florida
(July 1, 1992 to June 30, 1995)

Postgraduate Fellowship Training

Sports Medicine Fellowship at the Bone and Joint Institute of the Christ
Hospital and the University of Cincinnati

Robert S. Heidt Jr. MD and Angelo J. Colosimo MD - Directors
(August 1, 1995 to July 31, 1996)

Assistant Team Physician - Cincinnati Bengals NFL Team
Assistant Team Physician - University of Cincinnati Bearcats
Team Physician - Woodward High School Bulldogs
Medical Staff - Thriftway/ATP Tennis Championships

Associations and Societies

Fellow of the American Academy of Orthopaedic Surgeons
American College of Sports Medicine
Florida Medical Association
Orange County Medical Society
Citrus Orthopaedic Society
Phi Delta Epsilon Medical Fraternity

Publications and Presentations

1. Nebiolo CM, Walden DB and *Nowicki KD*: The Role of Mitochondria in the Generation and Manifestation of Hybrid Vigor. **Maize Corporation Newsletter**, 1985.
2. *Nowicki KD*, Shall LM: Arthroscopic Release of a Post-traumatic Flexion Contracture in the Elbow: A Case Report and Review of the Literature. **Arthroscopy: The Journal of Arthroscopic and Related Surgery**, 8(4): 544-7, 1992.

Presented at the 44th Annual State Meeting of the Virginia Orthopaedic Society in Williamsburg, Virginia - April 1991.

3. *Nowicki KD*, McBride GG: An Economic Analysis of Limited Stay versus Inpatient Primary Lumbar Disc Surgery.

Presented at the Annual Scientific Program of the Florida Orthopaedic Society in Manalapan, Florida - November 1993.

Presented at the Southern Medical Association's Conference for Residents and Fellows in Orlando, Florida - November 1994.

4. *Nowicki KD*: Shoulder Injuries in Triathletes. An Anatomic Perspective.

Presented at the Third Annual Southlake Ironman Triathlon Symposium in Clermont, Florida - October 1993.

Publications and Presentations (continued)

5. *Nowicki KD* and Connolly J: Tibial Shaft Fracture Characteristics at Large Level I Trauma Center. The Significance of Fibular Fractures for Tibial Fracture Healing and the Prognostic Significance of the Initial Fracture Characteristics.

Presented at the Annual Scientific Program of the Florida Orthopaedic Society in Naples, Florida - November 1994.
6. The MCL and LCL. The *Other* Crucial Ligaments.

Presented at the University of Cincinnati Sports Medicine Grand Rounds, Cincinnati, Ohio - November 1995.
7. Elbow Problems in the Throwing Athlete.

Presented at the University of Cincinnati Sports Medicine Grand Rounds, Cincinnati, Ohio - April 1996.

Presented at the Orlando Regional Medical Center Grand Rounds, Orlando, Florida - May 2000.
8. Harding WG, *Nowicki KD*, Perdue Jr. PS, Heidt Jr. RS, Stroupe AL, Cohen BK: Managing Anterior Shoulder Instability with Bracing. **The Journal of Musculoskeletal Medicine**, 14(6): 54-58, 1997.
9. Harding WG and *Nowicki KD*: Plane Talk About Shoulder Radiographs. **The Physician and Sports Medicine**, 26(2): 117-118, 1998.
10. Shoulder Bracing.

Presented at the American College of Sports Medicine, Orlando, Florida – June, 1998.
11. Protective Equipment in Sports.

Moderated and presented at the American College of Sports Medicine Seattle, Washington – June 1999.

Publications and Presentations (cont):

12. *Nowicki KD*, Hummer CD, Heidt Jr RS, and Colosimo AJ: Effects of iontophoretic versus injection administration of dexamethasone. **Medicine & Science in Sports & Exercise**, 34(8):1294-1300, 2004.

Presented at the American Academy of Orthopaedic Surgeons
Specialty Day - San Francisco, CA, February, 1997.

13. Ruess BL, Harding WG and *Nowicki KD*: Managing anterior shoulder instability with bracing: an expanded update. **Orthopedics**, 27(6):614-8, 2004.

Licensure/Certification

Certified: American Board of Orthopaedic Surgery – July 1998

Recertified: American Board of Orthopaedic Surgery – April 2007

Completed: Basic Course AO/ASIF on the Operative Treatment of Fractures and Nonunions - Theoretical Basis and Practice Principles, October 1991

EBI Resident's Conference on Electrical Bone Stimulation, September 1992

W.F. Enneking's Course on Clinical Musculoskeletal Pathology, April 1993

AO/ASIF Advanced Residents Course on Evolving Treatment of Fracture Care, March 1995

Certified on use of the Holmium Laser in Arthroscopic Procedures, January 1996

Medical Licensure: State of Florida **ME0062806**

Conferences

American Academy of Orthopaedic Surgeons – Washington, DC 1992

Pediatric Orthopaedic Fracture Conference – Sponsored by Cambell Clinic 1994

American Academy of Orthopaedic Surgeons – Orlando, FL 1995

American Orthopaedic Society for Sports Medicine – Orlando, FL 1996

American Academy of Orthopaedic Surgeons – Atlanta, GA 1997

American Academy of Orthopaedic Surgeons – San Francisco, CA 1998

American College of Sports Medicine – Denver, CO 1998

American College of Sports Medicine – Seattle, WA 1999

American Orthopaedic Society for Sports Medicine – Traverse City, MI 1999

Arthritic Hip and Knee Symposium – Williamsburg, VA 1999

American Academy of Orthopaedic Surgeons – Orlando, FL 2000

American Orthopaedic Society for Sports Medicine – Sun Valley, ID 2000

Arthroscopy Association of North America – Washington, DC 2002

American Orthopaedic Society for Sports Medicine – Orlando, FL 2002

American Academy of Orthopaedic Surgeons – San Francisco, CA 2004

5th Biennial AAOS/ASES Shoulder and Elbow Conference – Orlando, FL 2006

Community Relations

Volunteer Team Physician
Olympia High School Titans
Ocoee High School Knights
Windermere Prep Lakers
Central Florida Christian Academy